| ALL DAY MENU please order and pay at the counter   |      |  |
|--|------|--|
| SOURDOUGH TOAST vegfodf  Sonoma sourdough served with your choice of house-made strawberry & lime jam, peanut butter, or honey   | 10   |  |
| <b>EGGS YOUR WAY</b> vgfo<br>eggs fried, poached, or scrambled, served with a<br>leafy side salad on Sonoma sourdough toast.   | 17   |  |
| EGGS BENNY veo gfo  poached eggs with miso hollandaise, smoked paprika & garlic chips, and a leafy side salad, served on Sonoma sourdough with your choice of:     green tea smoked salmon     bacon     fried mushrooms | 22   |  |
| Fired egg and bacon in a bun with your choice of tomato or barbeque sauce.  —add cheddar 3   | 12.5 |  |
| BESTIE BURGER gfo fried egg, bacon, sausage, cheddar cheese and slaw in a bun, with your choice of tomato or barbeque sauce.   | 18   |  |
| BREKKY BUN veogfo  fried egg, a cauliflower & potato fritter, cheddar cheese, pickled cucumber, caramelised onion, mesclun lettuce and aoili, served in a bun.   | 16   |  |
| HALLOUMI AVO ROLL gfo crumbed halloumi, avocado, caramelised onion, pickled cucumber and almond & capsicum romesco served in a bun. —add chips or salad 5  | 18   |  |
| BEEF BURGER gfo  125g beef pattie, American cheese, sliced tomato, lettuce, bread & butter pickles, Kansas sauce & aioli, served in a bun and your choice of chips or salad.   | 25   |  |

| AVOCADO ve gfo df  avocado served with quinoa & corn tabbouleh, almond & capsicum romesco, dukkah, and lime, on Sonoma sourdough toast.  —add two poached eggs 4  | 18 |  |
|---|----|--|
| FRITTERS vveo gfdf  cauliflower and potato fritters served with two poached eggs, almond & capsicum romesco, dukkah, charred corn and a leafy salad.  — vegan option with half avocado                                | 21 |  |
| WINTER SALAD BOWL vegfdfo sautéed brussels sprout, roasted pumpkin, fresh kale, pepitas and feta cheese with a red wine & mustard vinaigrette —add maple bacon or sausage 5   | 22 |  |
| BEETROOT SALMON SALAD wogfdf  leafy salad topped with green tea smoked salmon, pickled beetroot, fennel, red onion and orange segments with a red wine & mustard dressing.  — vegetarian option with grilled halloumi | 24 |  |
| BOWL OF CHIPS served with sauce or aoili.   | 13 |  |
| SOMETHING SWEET   |    |  |
| PORRIDGE vegfdf oat porridge with rose wine poached pear, berry compote, banana slices, and maple syrup.  | 15 |  |
| FRUIT TOAST veo dfo apple and current loaf served with house-made ricotta & berry compote or jam & butter.  | 12 |  |
| FRENCH TOAST vgfo  cinnamon French toast with rose-wine poached pear, berry compote, salted caramel mascarpone, pear crumb, and strawberry meringue shard.  —add maple bacon 5  | 22 |  |

## **SIDES**

- · extra egg 3
- · grilled tomato 4
- · cauliflower & potato fritter 4
- · hash brown 3
- · grilled halloumi 5
- · fried mushrooms 4
- · half avocado 5
- · bacon 5
- · sausage 5
- · side of chips 5
- · side of salad 5

# **FOR THE KIDS**

- · sourdough toast with your choice of spread 6.5
- · French toast with maple syrup 12.5
- · bacon & eggs with sourdough toast 12.5
- · chicken nuggets & chips 12.5

## FROM THE CABINET

- $\cdot$  toasties (see what's available or make your own) 12.5
- croissants (option to add ham, cheese, or tomato) 6.5
- · banana bread **6.5**
- · blueberry & yoghurt loaf 6.5

**Ve** — vegan

**V** — vegetarian

**DF** — dairy free

GF - gluten free

**0** — option available

#### SURCHARGES

Saturday — 5%

Sunday — **10**%

Public Holidays — 15%

### **OPENING HOURS**

Monday—Friday **7am–3pm** Saturday & Sunday **8am–3pm** Public Holidays **8am–1pm** 



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| COFFEE  |     |     |
|---|-----|-----|
| MILK-BASED COFFEE flat white, latte, cappucino, mocha, piccolo, macchiato                   | 5   | 5.5 |
| LONG BLACK  | 4.8 | 5.3 |
| ESPRESSO  |     | 4.5 |
| BATCH BREW  |     | 5.5 |
| EXTRA SHOT  |     | .5  |
| ALT MILKS lactose-free, oat, almond, soy  |     | l   |
| NOT COFFEE  |     |     |
| HOT CHOCOLATE   | 4.5 | 5   |
| HOUSE CHAI LATTE  | 5.5 | 6   |
| TEAS  English breakfast, Earl Grey, chai, green, chamomile, peppermint, lemongrass & ginger |     | 4.2 |
| BREWED CHAI TEA   |     | 5   |
| BABYCCINO/PUPPUCCINO  |     | 1   |
| ICED DRINKS   |     |     |
| ICED LATTE/MOCHA  |     | 6   |
| ICED LONG BLACK   |     | 5.3 |

| COLD BREW  |      | 6.2 |  |
|--|------|-----|--|
| CHOCCY MILK  |      | 4.8 |  |
| ICED CHAI  |      | 6   |  |
| NON-ALCOHOLIC COLDIES  |      |     |  |
| PRESS'D COLD PRESSED JU  available in:  · orange  · cloudy apple  · watermelon, apple & mint  · orange, carrot, pineapple & ginger | ICES | 6   |  |
| SPARKLING WATER  |      | 4   |  |
| WINE   |      |     |  |
| FARM HAND CHARDONNAY   | 10   | 32  |  |
| MOTLEY CRUE PINOT<br>GRIGIO  | 12   | 38  |  |
| TREAD SOFTLY ROSE  | 12   | 38  |  |
| REPUBLIC OF WINE<br>SHIRAZ   | 10   | 32  |  |
| ELEPHANT IN THE ROOM<br>CABERNET SAUVIGNON   | 12   | 38  |  |
| TREAD SOFTLY PROSECCO  |      | 14  |  |
| MIMOSA   |      | 12  |  |

| BEER  |      |    |
|---|------|----|
| CAPITAL BREWING CO. ask us what we have on tap.   | 9    | 12 |
| HAHN ULTRA CRISP gf                               |      | 9  |
| CANS  |      |    |
| CAPITAL ROCKHOPPER IPA                            |      | 9  |
| CAPITAL ALC-LESS non-alcoholic (<0.5%) beer.      |      | 6  |
| BROOKVALE UNION GINGER                            | BEER | 9  |
| THE APPLE THIEF CIDER available in apple or pear. |      | 9  |





